

**GROUNDED COFFEE SHOP  
ANNUAL  
HEALTH & FITNESS  
BAZAAR**

**Saturday, January 26, 2019  
2pm - 5pm**

**6919 Telegraph Road  
Alexandria, VA 22310  
703-341-6612**

**Free event! Start the year off right!  
Come meet your local fitness gurus &  
those dedicated to health & wellness!**

